miles. total. stages.

The downs and dunes of sand give place to sandy desert with occasional patches of shale and shingle.

312 13 El-Maqta', 'the Ford' (5½ hrs. from Narseila); tidal creek running in from the sea, only fordable at one place at low tide. In the middle of the tidal current there is a fort and watch-tower from which a custodian, maintained by the Sheikh of Abu Dhabi, directs caravans when and where to cross; a small guard is stationed at the fort. The track then lies across a level, saline plain.

322 10 ABU DHABI, principal town on the Trucial Coast; see I, p. 337 f.

[An alternative route from Bireimi to El-Maqta runs to the N. of the main route via Nahshalah where wells and date-trees are reported, about 16 m. to the N. of Rakhkham (see above, p. 335). Between Bireimi and Nahshalah the route is divided into three fairly equal stages at the two watering-places Jariyīn and Asweihān.]

## ROUTE 74

## HOFÜF-BIREIMI-RAS EL-KHEIMAH

Authorities: For the first part of route to Bireimi, native information obtained by Prideaux, 1906; Bireimi to Ras el-Kheimah, Cox, 1905; Burchardt, 1904, travelled from Hofuf to Döhat es-Salwa, but he gives few details.

General Direction: SE., then E., then NE. Distance: Crow-fly, 385 miles; road, 592 miles.

Character and Supplies: see p. 63 f.

HOFUF, town; see I, p. 305.

Dir. E., at first by well-defined road, across stony plain.

1 m. Beni Nahu, hamlet of 20 houses on N. of route.

1½ m. Beni Na'ām, village of 200 houses, on N.

1½ m. Fudhūl, village of 250 houses, on S.

2 m. Maneizlah, village of 250 houses. The trackbecomes less well-defined.